

PAREEKSHANAM 2023-24

INTEGRATED PRACTICE SERIES (IPS) PHASE 1

Progress	Subject/Topic	Micro Topics	Number of Mains Questions (1 CA)	Number of MCQs (2 CA)	Sources to Study from.
Phase 1 of Pareekshanam contains Micro topic based 5 day a week tests where every topic is assigned a limited number of days as per its importance in UPSC Previous year papers.					
Day 1	Historical Underpinning and Making of Indian Constitution	Constitution and Need of Constitution Constitutionalism Pre-Independence Constitutional Development in India Making of Indian Constitution Comparative Study of Indian Constitution with other democratic Constitutions, Sources of Indian Constitution Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit (Select sections).
Day 2	Features of Indian Constitution and Preamble	Salient Features of Indian Constitution Preamble of Indian Constitution Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 3	India's Territory and Citizenship	India's Union and Its territory India as indestructible union of destructible states Alteration of boundaries of states Demand of linguistic and other division of state: idea of having smaller federating units Constitutional provisions related to citizenship Citizenship Act and Amendments therein			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		OCI/PIO and NRIs Daily Current affairs important topic from Polity			
Day 4	Fundamental Rights	Idea behind fundamental rights Kinds of rights: Legal, constitutional, fundamental, human Doctrine of eclipse and doctrine of severability Right to Equality Right to Freedom Contemporary issues related to fundamental rights One Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 5	Fundamental Rights 2	Right against exploitation Right to freedom of religion Cultural and educational rights Right to constitutional remedies Other dimensions of fundamental rights, restrictions of fundamental rights of certain classes of citizens Role of Judiciary in securing fundamental rights Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day6	Full Day for Self Revision and Prepare for Sectional Test.				
Day 7 Week1 Test.	Historical Underpinning and Making of Indian Constitution Features of Indian Constitution and Preamble India's Territory and Citizenship Fundamental Rights	Making of Indian Constitution Comparative Study of Indian Constitution with other democratic Constitutions, Sources of Indian Constitution. Salient Features of Indian Constitution Preamble of Indian Constitution. India's Union and Its territory. Citizenship Act and Amendments therein OCI/PIO and NRIs Kinds of rights: Legal, constitutional, fundamental, human Doctrine of eclipse and doctrine of severability Right to Equality Right to Freedom Contemporary issues related to fundamental rights Sectional Current Affairs Revision	10	100	
Day 8	DPSP and Duties	DPSP, its underlying principles, classification, and constitutional provision DPSP vis-à-vis fundamental rights Fundamental Duties Difference between DPSP and Fundamental Duties			NCERTs Laxmikant JV's Daily News

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		Relevance of Fundamental and Saga behind it. Daily Current affairs important topic from Polity			Analysis. JV's Learning Kit.
Day 9	System of Government	System of Government Presidential System of Government Analysis of both in Context of India Other forms of government and their comparison with other democratic governments Unitary and Federal System of Government Issues and Challenges Pertaining to the Federal Structure Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 10	Union Executive	Functions and Responsibilities of the Union and the States President Vice President PM and Council of Ministers Cabinet, its role and position in Indian Polity Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 11	State Executive	Governor Chief Minister and Council of Ministers Comparison between powers of President and Governor Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 12	Union Legislature	Structure and Organization of Indian Parliament Procedure followed in parliament during conduct of its business Rationale behind Present Parliamentary system in India Different committees of Parliament Role of parliament in present day politics of India Issues related to powers and privileges Parliamentary forums and groups Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 13	Full Day for Self Revision and Prepare for Sectional Test.				

Day 14 Week 2 Test	DPSP and Duties. System of Government. Union Executive State Executive	DPSP vis-à-vis fundamental rights Fundamental Duties Difference between DPSP and Fundamental Duties Presidential System of Government Parliamentary System of Government Analysis of both in Context of India Unitary and Federal System of Government Issues and Challenges Pertaining to the Federal Structure Functions and Responsibilities of the Union and the States Governor. Sectional Current Affairs Revision	10	100	
Day 15	Union Legislature	Structure and Organization of Indian Parliament Procedure followed in parliament during conduct of its business Rationale behind Present Parliamentary system in India Different committees of Parliament Role of parliament in present day politics of India Issues related to powers and privileges Parliamentary forums and groups Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 16	State Legislatures	Structure and functions state legislature Comparison with parliament Position of legislative council and their relevance Role of governor in legislative process at state Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 17	Judiciary	Structure, Organization and Functioning of Judiciary Appointment and Removal of Judges; Issues involved therein. Powers and Jurisdiction of Supreme Court Emerging trends in Judiciary- judicial activism, PIL etc. Alternate dispute resolution mechanism, tribunals, Lok Adalat Permanent Lok Adalat, Gram Nyayalayas. High Courts, their powers and functions Subordinate Courts Daily Current affairs important topic from Polity			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

Day 18	Full Day for Self Revision and Prepare for Sectional Test.				
Day 19	Polity FLT	Polity, Governance, and Constitution	10	100	NCERTs Laxmikant JV's Analytica Magazine. JV's Learning Kit.
Day 20	Geography	Climatology: Earth's Atmosphere, Solar Radiation, Insolation, Circulation System, Local and Seasonal Winds, Daily Current affairs important topic from Geography			NCERTs Fundamentals of Physical geography GC Leong JV's DNA. JV's Learning Kit.
Day 21	Geography	Climatology: Earth's Atmosphere, Solar Radiation, Insolation, Circulation System, Local and Seasonal Winds, Daily Current affairs important topic from Geographical locations			NCERTs Fundamentals of Physical geography GC Leong JV's DNA. JV's Learning Kit.
Day 22	Physical Geography	Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes Daily Current affairs important topic from Geographical locations			NCERTs Fundamentals of Physical geography GC Leong JV's DNA.

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

					JV's Learning Kit.
Day 23	Physical Geography	Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes Daily Current affairs important topic from Geographical locations			NCERTs Fundamentals of Physical geography GC Leong JV's DNA. JV's Learning Kit.
Day 24	Physical Geography	Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes Daily Current affairs important topic from Geographical locations			NCERTs Fundamentals of Physical geography GC Leong JV's DNA. JV's Learning Kit.
Day 25	Full Day for Self Revision and Prepare for Sectional Test.				
Day 26	Revision Test Geography	Earth's Atmosphere, Solar Radiation, Insolation, Wind system, Local and Seasonal Winds, Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location Endogenic and exogenic changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes. Sectional most important Current affairs topic from Geographical locations	10	100	
Day 27	Centre State Relationship	Distribution of Powers between center and State Legislative Powers Administrative Powers Financial Powers			NCERTs Laxmikant

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		Instances of Union intervention in states' role: Constitutional provisions, its use and abuse Daily Current affairs important topic from Polity and Governance			JV's Daily News Analysis. JV's Learning Kit.
Day 28	Centre State Relationship	Sarkaria Commission's on Centre State Relation, Other Commissions on Centre State Relation, Role of Supreme court in Federal Disputes National Integration Council Inter State Relation Interstate water dispute Interstate councils Interstate trade and commerce Zonal Councils Daily Current affairs important topic from Polity and Governance			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 29	Centre State Relationship	Special Provisions for some States Provisions for Maharashtra and Gujarat, Nagaland, Assam and Manipur Debate over suspension of Article 370 Other Contemporary Issues in Centre State Relationship Alternation in Centre State Relationship: Emergencies National Emergency Constitutional/State Emergency /President's Rule Financial Emergency Impact of emergency on citizens Daily Current affairs important topic from Polity and Governance			NCERTs Laxmikant JV's Daily News Analysis. JV's Learning Kit.
Day 30	Political Dynamics	Elections in India, Representation of Peoples act, Election Commission and Its Role, Free and Fair Election as basic structure, Debates over simultaneous elections in India, Issue of Linkage of Aadhar Card with Voter ID, Method of Conducting Election: EVM and VVPAT Pressure Groups and Formal/Informal Associations and their Role in the Polity Daily Current affairs important topic from Polity and Governance			NCERTs Laxmikant D.D. Basu JV's Daily News Analysis. JV's Learning Kit.
Day 31	Governance	Good governance Introduction and definition, Characteristics			NCERTs Laxmikant

		<p>Good governance index The Way Forward E-Governance & Digital India – 2nd ARC, 11th report – promoting e-governance GeM, India Enterprise Architecture (INDEA) framework e-Governance initiatives undertaken Challenges in implementing e Governance- Digital Divide, Cyber Security wrt E Governance E-Kranti Daily Current affairs important topic from Polity and Governance</p>			<p>D.D. Basu JV's Daily News Analysis. JV's Learning Kit.</p>
Day 32	Development Role of Civil Services in Democracy	<p>Development processes and the development industry, Role of non-state actors in governance. NGO- Foreign funding Accreditation of NGOs, Funding of NGO, FCRA Issue, SHGs, Role of SHG in development, Women Empowerment through SHG Pressure groups 1. As need 2. As hindrance to development: Factionalism CSR, status of CSR spending in India, Injeti Srinivas committee Role of Civil Services in Democracy Civil services reforms Police Reforms, Status of policing in India report 2019, 2nd ARC Daily Current affairs important topic from Polity and Governance</p>			<p>NCERTs Laxmikant D.D. Basu JV's Daily News Analysis. JV's Learning Kit.</p>
Day 33	Transparency in Governance	<p>Transparency, RTI, Proactive Disclosure, Role of CIC Exemptions under RTI – political parties, Supreme Court Recent judgement related to RTI Amendments to RTI 2nd ARC, 1st report: Right to Information Official Secrets Act – Transparency vs National security Whistle Blowers Protection Conflict between RTI and OSA Information sharing and transparency in government (GSIV Ethics-Inter related) Government Advertisement vis-à-vis Secrecy Integrity Index of Transparency International Daily Current affairs important topic from Polity and Governance</p>			<p>NCERTs Laxmikant D.D. Basu JV's Daily News Analysis. JV's Learning Kit.</p>
Day 34	Full Day for Self Revision and Prepare for Sectional Test.				

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

Day 35	<p>Centre State Relationship Political Dynamics Governance Development Role of Civil Services in Democracy Transparency in Governance</p>	<p>Distribution of Powers between center and State Sarkaria Commission's on Centre State Relation, Other Commissions on Centre State Relation, National Integration Council Special Provisions for some States Alternation in Centre State Relationship: Emergencies Elections in India, Representation of Peoples act Development processes and the development industry, Role of non-state actors in governance. Transparency in Governance and RTI Sectional Current affairs important topic from Polity and Governance</p>	10	100	
Day 36	<p>Accountability in Governance</p>	<p>Accountability Civil services accountability Judiciary's accountability Postretirement benefits for judges (RS, governorship) Corruption and Anti Corruption bodies – Probity in Governance (GS IV) Utilization of Funds (GS IV) Impact of Corruption on Socio-Economic Development Daily Current affairs important topic from Polity and Governance</p>			<p>NCERTs Laxmikant D.D. Basu JV's Daily News Analysis. JV's Learning Kit.</p>
Day 37	<p>Institutional Mechanism to Deal with Corruption</p>	<p>CVC Lokpal and lokayukta CBI – sanction for prosecution, general consent, reinstating CBI director Corruption perception index, Amendments to Prevention of Corruption Act. Black money problem Issue of autonomy in Anti-Corruption institution Auditing CAG MCA paper on auditing Companies (Auditor's report) Order 2020 Examining role of IL&FS auditors Social Audit Daily Current affairs important topic from Polity and Governance</p>			<p>NCERTs Laxmikant D.D. Basu JV's Daily News Analysis. JV's Learning Kit.</p>

Day 38	Other Dimensions of Governance Citizen Oriented Governance and Effective Delivery of Public Services	Minimum Government Maximum Governance Top-Down Vs Bottoms Up Approach (Role of NITI) Cooperative and Competitive Federalism Corporate Governance Separation of powers in Corporations Role of regulatory body: SEBI, NCLT NCLAT order – reinstating Cyrus Mistry, Cadbury Committee and Uday Kotak Committee on Corporate Governance, Citizens Charter 2nd ARC, 12th report – citizen centric administration Need for Citizen Charter Why there is reluctance in implementing citizen charter in India Service Delivery Mechanisms – Aadhaar Amendments to Aadhar act, Aadhar report One nation one ration card Quality of Service Delivery (GSIV Ethics) Idea of Social Audit Monitoring of Services Delivery- e.g., PRAGATI Platform Daily Current affairs important topic from Polity and Governance			NCERTs Laxmikant D.D. Basu JV's Daily News Analysis. JV's Learning Kit.
Day 39	Full Day for Self Revision and Prepare for Sectional Test.				NCERT. Laxmikant Analytica DD Basu JV Learning kit
Day 40	Revision of Polity and Governance	POLITY FLT	10	100	
Day 41	Physical Geography of India	Physiographic Divisions of India: Relief Features, Mountains, Plains, Islands, Desserts etc. Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.

Day 42	Physical Geography of India	Natural Vegetations in India: Forests Water River Systems, Ocean's arounds India, Lakes, Estuaries, Glaciers, etc. Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 43	Physical Geography of India	Rocks Rocks system in India, their location and distribution Soils in India, their location and distribution Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 44	Political and Physical Map of India	Mapping of borders, National reserves, Rivers, mountains and glaciers. Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 45	Physical Geography of India Political and Physical Map of India	Physiographic Divisions of India. Natural Vegetations in India Rocks Soils in India Mapping of borders, National reserves, Rivers, mountains and glaciers. Sectional Current affairs important topic from Geographical locations	10	100	

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

Day 46	World Physical Geography	Relief Features, Boundaries, Location of Important Places, Ocean Currents. Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 47	World Physical Geography	Relief Features, Boundaries, Location of Important Places, Ocean Currents Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 48	Economic Geography	Relief Features, Boundaries, Location of Important Places, Ocean Currents Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 49	Economic Geography	Distribution of Mineral in India and World Energy, Petroleum Resources and others across India and world Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis.

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

					JV's Learning Kit.
Day 50	Economic Geography	Location of important industries and factors influencing them. Agriculture, Cropping Pattern, Irrigation Systems. Transport Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 51	Human Geography	Population, Migration, Employment, Trade and Investment. Daily Current affairs important topic from Geographical locations			NCERT Majid Hussain. G. C Leong. JV's Daily News Analysis. JV's Learning Kit.
Day 52	Revision day for Geography India and World.				
Day 53	Physical Geography Physical Geography of India Political and Physical Map of India World Physical Geography Economic Geography Human Geography	Earth's Atmosphere, Solar Radiation, Insolation, Wind system, Local and Seasonal Winds, Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location Endogenic and exogenic changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes. Physiographic Divisions of India. Natural Vegetations in India Rocks Soils in India	10	100	NCERT Majid Hussain. G. C Leong. JV's Analytica. JV's Learning Kit. JV Current Affairs Round Up

		Mapping of borders, National reserves, Rivers, mountains and glaciers.			
Day 54	Art and Culture	Indian Architecture Architecture of Indus Valley Civilisation (IVC) Sculpture of IVC: Seals, Pottery, Terracotta Images Architecture of Mauryan Era: Palaces Pillars and Inscriptions Stupas Caves Pottery Sculptures Comparison of Mauryan with other contemporary empire (Achaemenian) Daily Current affairs important topic from Art and culture.			NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.
Day 55	Art and Culture	Indian Architecture Architecture of Indus Valley Civilisation (IVC) Sculpture of IVC: Seals, Pottery, Terracotta Images Architecture of Mauryan Era: Palaces Pillars and Inscriptions Stupas Caves Pottery Sculptures Comparison of Mauryan with other contemporary empire (Achaemenian) Daily Current affairs important topic from Art and culture.			NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.
Day 56	Art and Culture	Post Mauryan Architecture Rock Cut Caves Post Mauryan Stupas Three Prominent Schools: Gandhara, Mathura and Amravati Influence of Greek and Romans Sculptural depiction of Buddha- His Mudras Daily Current affairs important topic from Art and culture.			NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.
Day 57	Art and Culture	Gupta Architecture and Post Gupta Caves			NCERT

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to
 Metro Pillar No. 110, New Delhi - 110005
 Email: admissions@jvias.com
 Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa
 Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-
 43671989
 Branch Office 2: 57/12, First Floor, Old Rajinder Nagar,
 New Delhi – 110060, Contact: 8882932364, 011-41421650

		<p>Emergence of Temple Architecture in India Temple Architecture in Details Important terminology involved in Temple Architecture Styles of Temple Architecture: Nagara Style, Dravidian Style, other minor styles Features and comparison of Nagara and Dravidian Major Temples in India, their location and artistic analysis Other Schools: Nayaka, Vesara, Vijayanagar and Hoysala Daily Current affairs important topic from Art and culture.</p>			<p>Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.</p>
Day 58	Art and Culture	<p>Architecture in Medieval India (Indo Islamic Architecture) Architecture During Sultanate Period (Imperial and Provincial Schools) Mughal Architecture: Agra Fort, Fatehpur Sikri, Taj Mahal Daily Current affairs important topic from Art and culture.</p>			<p>NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.</p>
Day 59	Art and Culture	<p>Sun Temples in India Modern Architecture Influence of Europeans Recent Architecture: Statues of Unity, Statues of Equality, Central Vistas, Ayodhya Temple Daily Current affairs important topic from Art and culture.</p>			<p>NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.</p>
Day 60	Art and Culture	<p>Indian Paintings Prehistoric Rock Paintings: Chalcolithic Ancient Period Murals Paintings Caves Painting: Ajanta, Ellora, Bagh Cave, Sittanvasal, Armamalai caves Pala school of miniature paintings Mughal miniature paintings (synthesis of Indian and Persian style)</p>			<p>NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.</p>

		Development of Pahari, Rajput and Deccan Paintings Theme of paintings in Medieval period Mewar, Bundi, Kishangarh, Marwar Amber-Jaipur Paintings Miniature Paintings in India Tanjore, Mysore Paintings in Modern India Daily Current affairs important topic from Art and culture.			
Day 61	Revision day for Art and culture.				
Day 62	Art and Culture	Indian Architecture Post Mauryan Architecture Gupta Architecture and Post Gupta Architecture in Medieval India (Indo Islamic Architecture) Sun Temples in India Indian Paintings Pala school of miniature paintings	10	100	
Day 62	Art and Culture	Indian Music Important Terms related to music Important Instruments Related to Music Major Classification of Music and important personalities associated with them Classical Music Hindustani, Carnatic Folk Music Fusion Music Hindustani Music evolution, features and impact Carnatic Music evolution, features and impact Modern Development in Music Regional music and its impact Daily Current affairs important topic from Art and culture.			NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.
Day 63	Art and Culture	Indian Music Important Terms related to music Important Instruments Related to Music Major Classification of Music and important personalities associated with them Classical Music Hindustani, Carnatic Folk Music Fusion Music Hindustani Music evolution, features and impact			NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		Carnatic Music evolution, features and impact Modern Development in Music Regional music and its impact Daily Current affairs important topic from Art and culture.			
Day 64	Art and Culture	Indian Dance Forms Meanings of Terms and Expression in Dance forms Lasya, Tandava Nritta, Natya, Nritya Nine Rasas Eight Classical Dance forms of India and their features Bharatnatyam Kuchipudi Kathakali Mohininattam Odissi Manipuri Kathak Sattriya Major Folk Dance, their features, occasion and their places Daily Current affairs important topic from Art and culture.			NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.
Day 65	Art and Culture	Indian Theatre and Puppetry Theatre Forms of India Significance of Traditional folk theatre in India Different forms of traditional folk theatre in India Sanskrit theatre in India Challenges faced by theatre in India Puppet forms in India Themes of puppetry in India Forms of Puppetry String Puppet: Kathputli, Kundhei, Gombyetta, Bommalattam Shadow Puppet: Togalu Gombyetta, Ravanchhaya, Tholu Bommalata Glove Puppet: Pavakoothu Rod Puppet: Yampuri, Putul Naach Daily Current affairs important topic from Art and culture.			NCERT Nitin Singhania. JV's DNA JV's Analytica. JV's Learning Kit.
Day 66	Art and Culture	Religion/philosophy of Ancient India Impact of Bhakti and Sufi Traditions on Art and Culture of India UNESCO Cultural Heritage Need to Preserve Indigenous Culture, threats to It, Tribal Culture and their preservation Daily Current affairs important topic from Art and culture.			NCERT Nitin Singhania. JV's DNA JV's Analytica.

					JV's Learning Kit.
Day 67	Art and Culture	<p>Indian Music Important Terms related to music Indian Dance Forms Meanings of Terms and Expression in Dance forms Lasya, Tandava. Indian Theatre and Puppetry Theatre Forms of India Significance of Traditional folk theatre in India Different forms of traditional folk theatre in India Sanskrit theatre in India Challenges faced by theatre in India Impact of Bhakti and Sufi Traditions on Art and Culture of India Sectional Current affairs important topic from Art and culture.</p>	10	100	
Day 68	Revision Day	Revision Day			
Day 69	Ancient	<p>Stone Age Indus Valley Civilization Early Vedic Age (1500-900 BCE) Later Vedic Age (900 -600 BCE) Mahajanapadas / Age of Buddha (600-300 BCE) Mauryan Empire</p>			
Day 70	Ancient	<p>Post Mauryan Age Megaliths and Sangam Age Guptan Age Post Guptas Pallavas & Chalukyas in South</p>			
Day 71	Medieval	<p>North Indian Kingdoms Kingdoms of the Deccan Delhi Sultanate Islamic Kingdoms in India</p>			
Day 72	Medieval	<p>Vijayanagara Empire Bhakti and Other Cultural & Religious Movements Mughal and Sur rule and the Arrival of Europeans</p>			
Day 73	Revision of Art and Culture, Ancient and Medieval				
Day 74	Full Length Test FLT	<p>Art and Culture Ancient India Medieval India</p>	10	100	<p>NCERT Nitin Singhania. A Wonder that</p>

					was India A.L Basham. CCRT Website. JV's Analytica. JV's Learning Kit.
Day 75	Modern History	Decline of Mughal Empire Indian States and Society in Eighteenth Century Hyderabad and Carnatic Bengal Awadh Bangash Pathans and Rohila Sikhs and Jats Social and Economic Condition of people during 18th Century Status of education Advent of Europeans The Portuguese in India Followed by Dutch, The English Arrival, French Struggle between English and French for Power. Daily Current affairs question.			NCERT India Since Independence. Spectrum Rajiv Ahir JV's DNA JV's Analytica. JV's Learning Kit.
Day 76	Modern History	Consolidation and Expansion of British Empire Conquest of Bengal Battle of Plassey and Buxar (Watershed in Indian History) Foundation of Dual Government Mysore Maratha Struggle Anglo Maratha War. Conquest of Sindh Conquest of Punjab Expansionist policies of British Empire Ring Fence. Subsidiary Alliance. Doctrine of Lapse The Structure of Government and Economic Policies of British Economic Policies of British Relation with neighboring Countries Land Revenue Policies			NCERT India Since Independence. Spectrum by Rajiv Ahir JV's DNA JV's Analytica. JV's Learning Kit.

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to
 Metro Pillar No. 110, New Delhi - 110005
 Email: admissions@jvias.com
 Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa
 Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-
 43671989
 Branch Office 2: 57/12, First Floor, Old Rajinder Nagar,
 New Delhi – 110060, Contact: 8882932364, 011-41421650

		Mahalwari, Zamindari, and Ryotwari. Drain of Wealth Development of Transport and Communication. Daily Current affairs question.			
Day 77	Modern History	Early Indian Responses Socio Religious Reforms Movement in India Special Focus of Association and Personalities As compared with Renaissance for India Peasant Movement Civil Uprising Tribal Revolts Sepoy Mutiny			NCERT India Since Independence. Spectrum by Rajiv Ahir JV's DNA JV's Analytica. JV's Learning Kit.
Day 78	Modern History	Revolt of 1857: First war for Indian Independence Run up to Revolt of 1857 A simmering discontent Economic Causes Socio-religious causes Politico-Administrative Causes Course of Events: Revolt of 1857 Suppression of Revolt Causes of failure Change in approach of British government post revolt of 1857 Revolt of 1857: Impact on future struggles			NCERT India Since Independence. Spectrum by Rajiv Ahir JV's DNA JV's Analytica. JV's Learning Kit.
Day 79	Revision Day				
Day 80	Modern India	1707 to 1857 Decline of Mughal Empire Social and Economic Condition of people during 18th Century Advent of Europeans Consolidation and Expansion of British Empire Conquest of Bengal	10	100	

		Early Indian Responses Revolt of 1857: First war for Indian Independence			
Day 81	Modern History	The Nationalist Movement (1858-1905) Beginning of Modern Nationalism Factor contributing in growth of early nationalism Learnings from past: Unification of Country Role of Press and Literature The New middle class and emergence of Nationalism Pre-Congress organizations			
Day 82	Modern History	Transfer of power to British Government Government of India Act of 1858 Indian National Congress early days: Was congress a safety valve? Era of Moderates, their methods of prayer and petition Contribution of Moderates Discontent against moderates Rise of Extremist in Congress Indian Council Act, 1892			
Day 83	Modern History	Partition of Bengal and Partition of Congress Extremist Upsurge Anti-Partition movement under Extremist British announcement to annul partition Movement fizzles out Analysis of Swadeshi Split in Congress Muslim Politics and Foundation of Muslim League Government crackdown on Extremist Morley Minto Reforms: and its Evaluation			
Day 84	Modern History	First Phase of Revolutionary Activities First World War and Nationalist Response Home Rule League Homecoming of Extremist: Lucknow Session Pact between Congress and Muslim League Arrival of Mohan Das Karam Chandra Gandhi on Indian Soil Montague Statement Government of India Act 1919 Making of Mahatma: Early Endeavors of Mahatma Gandhi Memoir of his works in South Africa Champaran: The First Satyagraha			

		Ahmedabad Mill Strike Kheda Satyagraha			
Day 85	Revision Day for Modern India				
Day 86	Modern India	The Nationalist Movement (1858-1905) Transfer of power to British Government Partition of Bengal and Partition of Congress First Phase of Revolutionary Activities First World War and Nationalist Response Montague Statement	10	100	
Day 87	Modern History	Rowlatt Act, and Dethroning of Khalifa Jallianwala Bagh Massacre Hunter Enquiry- Trigger Point Rowlatt Satyagraha Non-Cooperation and Khilafat Movement (Struggle Phase) Background Course of Movement Popular Participation Hindu- Muslim Unity Government Response Violence and Abrupt Withdrawal Analysis of Gandhi's decision of Withdrawing NCM			
Day 88	Modern History	Emergence of Swarajist, Socialist Idea (Truce Period of Congress) Swarajist and No changers Spread of Marxist and Socialist Ideas Constructive Work by No Changers Second Phase of Revolutionary Activities Simon Commission and Nehru Report Simon Go Back: Boycott of Commission Its recommendation Nehru Report and controversy associated with it			
Day 89	Modern History	Goal of Poorna Swaraj (Struggle Again) Run up to civil disobedience Salt Satyagraha and Launch of Civil Disobedience Movement 11 Demands of Mahatma Gandhi Dandi March Mass Participation Gandhi Irwin Pact and Round Table Conferences Communal Award and Failure of RTC			

		Relaunch of CDM- fades soon Harijan Issues: Gandhi Vs Ambedkar; Poona Pact			
Day 90	Modern History	Government of India Act: Paperless Federation and Princely States Debates on Future Strategy after Civil Disobedience Congress Rule in Provinces World War II and Thereafter Bose in Command of INC Ideological Difference with Gandhiji and he parts way			
Day 91	Modern History	CWC meeting at Wardha Resignation of Ministries August Offer Individual Satyagraha Nehru as Successor Do or Die- Quit India Movement Government tries to pacify Wavell Plan: a mistake Rajagopalachari Formula INA and Bose			
Day 92	Modern History	Thematic Study of British India Legal and Constitutional Development Administrative (Evolution of ICS- Policing) and Judicial Development Development of Press and Literature Economic Analysis of British Rule on India Survey of British Policies in India			
Day 93	Revision Day for Modern India				
Day 94	Modern India	Full Length Test FLT	10	100	NCERT India Since Independence. Spectrum by Rajiv Ahir JV's DNA JV's Analytica.

					JV's Learning Kit. JV's Fact Page
Day 95	World History	Emergence of European State System American Revolution French Revolution and its impact Europe after 1810- Unification of Italy, Idea of Liberalism Industrial Revolution			
Day 96	World History	Socialism and Spread of Marxism Rise of Colonialism and Imperialism First World War- ParisPeace Conference			
Day 97	World History	West Asia and Changes there, Contemporary Issues in West Aisa. Time of Economic Depression Rise of Fascism in Italy and Totalitarian State			
Day 98	World History	Weimar Republic Hitler and his policies Second World War Start of Decolonization Cold War and Bipolar World to Fall of USSR and New World Order			
Day 99	Revision Day for World History				
Day 100	Post Independence History of India	Nehruvian Era Aftermath of partition Integration of the princely states Issue of the official language (this recurs in most eras) Reorganisation of states Tribal consolidation and issues The foreign policy of Pandit Nehru PM Shastri Era Official language issue Food shortage Economic crisis Indo-Pak war PM Indira Gandhi Era Official language Split in congress (diminishing of Congress hegemony in regions) Issue of inflation Green revolution			

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to
Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa
Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-
43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar,
New Delhi – 110060, Contact: 8882932364, 011-41421650

		<p>Punjab crisis – Operation Blue Star Land reforms Bank nationalisation Emergency Naxal movement 1971 war with Pakistan Janta movement.</p>			
Day 101	Post Independence History of India	<p>PM Rajiv Gandhi Era Environment (focus on this topic for the first time by the government) Anti-defection law Women movements – Dowry Prohibition Act, Shah Bano case Modernisation of army Panchayati Raj Post-1991 Era The post-1991, liberalization Prime Ministers V P Singh Narasimha Rao, etc. Coalition politics Mandal Commission, and other issues.</p>			
Day 102	World History Post Independence	<p>American Revolution French Revolution and its impact Europe after 1810- Unification of Italy, Idea of Liberalism Industrial Revolution West Asia and Changes, Time of Economic Depression. Rise of Fascism in Italy and Totalitarian State. Weimar Republic, Hitler and his policies Second World War, Start of Decolonization Cold War and Bipolar World to Fall of USSR and New World Order Nehruvian Era, PM Shastri Era, Indo-Pak war PM Indira Gandhi Era, Green revolution, Punjab crisis – Operation Blue Star Land reforms, Emergency, Naxal movement 1971 war with Pakistan, PM Rajiv Gandhi Era Post-1991 Era, The post-1991, liberalization and other issues</p>	10		
Day 103	Revision Day	Revision Days			
Day 104	Economics	<p>Macroeconomic Concepts Meaning of Economics Types of Economies</p>			

		Sectors of an Economy Economy Microeconomic Concepts			
Day 105	Economic Development	National Income Accounting and Measures National Income Concepts and Methods of Calculation National Income Real National Income Calculating National Income Gross Fixed Capital Formation (GFCF) National Organizations Related to National Income Accounts Latest India's National Income Estimates New Series of National Statistics (Base Year 2011-12) Annual Estimates of Expenditures on GDP Per Capita Income Purchasing Power Parity Lorenz Curve Philip's Curve Gini Coefficient			
Day 106	Inflation	Inflation Concepts and Types of Inflation Causes of Inflation Effects of Inflation Measures of Inflation WPI, CPI, Producer Price Index GDP Deflator Core Inflation Change in Reporting of Inflation Measures to Check Inflation?? Fiscal Measures Administrative Measures Monetary Measures Economic Growth and Development Economic Growth Economic Development Measurement of Economic Development Physical Quality of Life Index (PQLI)			
Day 107	Economy and Ecology	Millennium Development Goals (MDGs) Different Levels of Economic Development			

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		Economy and Environment: Environment Taxes Carbon Tax Green Accounting 12th Five Year Plan and Sustainability			
Day 108	Economic Planning	History of Economic Planning in India Meaning Objectives and History Meaning of Economic Planning Objectives of Planning Strategies of Planning Harrod Domar strategy Nehru Mahalanobis strategy Gandhian strategy LPG strategy Regional and National Planning Imperative and Indicative Planning History of Planning in India Visvesvaraya Plan, Gandhian Plan FICCI Proposal, Congress Plan Bombay Plan Planning Commission and National Development Council (NDC) Central Planning – 5 Year Plans, 20 Point Program, MPLADS			
109	Revision Day				
110	Sectional Test	Economics Economic development Inflation Economic Planning	10	100	
Day 111	Planning	Decentralized Planning Planning Institutions Planning Commission NITI Aayog National Development Council (NDC) 12th Five Year Plan (2012-2017) Alternative Scenarios During 12th Plan Economic Reforms			
Day 112	Growth and Development	Issues Related to Growth, Development, and Inclusive Growth Growth vs Development, what is Inclusive Growth?			

		Need for Inclusive Growth in India Employment and Inclusive Growth in India: Emerging Pattern and Perspectives Informalization of Employment, 'Working Poor' and Exclusion Addressing the Problem The Role of Special Employment Programmes Capitalism and inclusive growth			
Day 113	Money and Banking	Money, Banking, Capital Market and Insurance system in India Money and Banking Money Function and Classification Money Concept Measures of Money Supply in India Indian currency system Broad and Narrow Money Money multiplier Digital Money New Monetary Aggregates Monetary Policy			
Day 114	Financial Markets	Financial Market and its Instruments Concept and functions of financial markets Importance of money market Types of capital market Distinguish between capital market and money market Nature and functions of a stock exchange Advantages of stock exchanges Limitations of stock exchanges The stock exchanges in India Insurance Industry - Insurance Industry and Reforms Role of Financial Regulators: SEBI and IRDA			
Day 115	Sectional Revision				
Day 116	Sectional Green Test	Economy: Planning Growth and Development Money Banking Financial Markets	10	100	
Day 117	Banking Structure	Banking Structure in India Scheduled Commercial Banks			

		<p>Nationalized Banks Public Sector Banks +E110 State Bank of India Private Banks Foreign Banks Regional Rural Banks Scheduled Co-operative Banks Reserve Bank of India (RBI) Methods of Credit Control Cash Reserve Ratio (CRR) Statutory Liquidity Ratio (SLR) Repo Rate Reserve Repo Rate Call Rates Marginal Standing Facility (MSF) Bank Rate</p>			
Day 118	Banking Reforms	<p>Banking Sector Reforms in India Differentiated Banks Payment Banks Small Banks New banking license White Label ATM Unified Payments Interface Bank Board Bureau Marginal Cost of Funds Based Lending Rate (MCLR) Priority Sector Lending Certificates Concept of Micro ATM Banking Reforms Basel Norms Banking Ombudsman</p>			
Day 119	DFI Insurance DSIB IPPB	<p>Development Financial Institutions Insurance Companies Recent developments in Economic Sector Government to recapitalize the PSB's RBI rule and regulation for peer to peer (P2P) lending Domestic Systematically Important Banks (SIBs) of India Financial Inclusion in India</p>			

		The Concept of Bad Bank Alternative Mechanism Panel for PSB consolidation Employee Provident Fund of India Enforcement Department In RBI Gold Monetization Scheme (GMS) Indian Post Payment Bank (IPPB) Indian Gold Coins/Gold Bullion Scheme			
Day 120	Insurance Sector	Insurance Sector Significance of Social Security and Insurance Analysis of Insurance Sector in India Important Institutions related to the Insurance sector Important Bima Yojana			
Day 121	Budget	Government Budgeting and Finance Budgeting Union Budget Plan and Non-Plan Expenditure Revenue and capital Receipts Tax Revenue Receipts Non-Tax Revenue Receipts			
Day 122	Sectional revision	Revise Economy			
Day 123	Sectional Economy test	Banking Structure Banking Reforms DFI Insurance Budget	10	100	
Day 124	Fiscal Policy	Fiscal Policy Fiscal Responsibility and Budget Management (FRBM) Act, 2003 Revenue Deficit, Fiscal Deficit, Primary Deficit Deficit and Surplus Budget Deficit Financing Centre-state Distribution Finance Commission (Article 280)			
Day 125	Taxation	Tax Structure in India Tax – Direct Tax, Indirect Tax Methods of Taxation – Progressive, Regressive, Proportional Value Added Tax – VAT in India Goods and Services Tax – GST, GST Council			

		Service Tax DTC – Direct Tax Code			
Day 126	Agriculture	Agriculture and Issues Associated with it Major Crops - Cropping Patterns in various parts of the country, - Different Types of Irrigation and Irrigation Systems; Role of Green Revolution, Other Revolutions			
Day 127	Agriculture	Storage, Transport and Marketing of Agricultural Produce and Issues and Related Constraints; technology in the aid of farmers, Technology Missions;			
Day 128	Agri Subsidies	Issues related to Direct and Indirect Farm Subsidies and Minimum Support Prices; Public Distribution System - Objectives, Functioning, Limitations, Revamping; Issues of Buffer Stocks and Food Security;			
Day 129	Livestock Food Industry	Economics of Animal Rearing. Land Reforms in India. Food Processing and Supply Chain Food Processing and Related Industries in India- Scope' and Significance, Location, Upstream and Downstream Requirements, Supply Chain Management. Sun Rise Industry			
Day 130	Sectional Revision	Revise Economy			
Day 131	Sectional Green Test	Fiscal policy Taxation Agriculture Agrisubsidies Livestock Food Industry	10	100	
Day 132	Infrastructure Development	Infrastructure Development in India Energy, Ports, Roads, Airports, Railways etc. Overall Infrastructure deficit in India, need to invest in Infra Schemes and initiatives for infrastructure development: Gati Shakti Various Finance Models in Infra Development: BOT, PPP, HAM etc.			
Day 133	Industry	Industrial Development and Policy in India Planned development of Industries in India,			

		Loopholes in early planning and slow growth of Industries in India Effects of Liberalization on the Economy, Changes in Industrial Policy and their Effects on Industrial Growth. Industry vs Service Sector: Lopsided structural transformation of Indian economy, issues and challenges therein			
Day 134	Trade and external Sector	Trade and External Sector in Indian Economy Capital and Current Account Balance of Payment – Crisis and New Economic Reforms State of India's Trade- Trends and analysis Efforts to boost India's Export India's position in Sino-US trade war			
Day 135	Poverty Employment	Issues related to Poverty Definition and Indices Poverty in India Human Poverty Index (HPI) Expert Groups for Estimating Poverty Inequality Employment Employment and Unemployment Poverty Eradication and Employment Related Related programs			
Day 136	Schemes of GOI	Government Schemes and Programs New Social Welfare Schemes Pradhan Mantri Jeevan Jyoti Bima Yojana (PMJJBY) Other Social Protection Programmes Rural Infrastructure and Development Urban Infrastructure, Housing, and Sanitation Education Schemes Financial Inclusion Schemes			
Day 137	Full Revision of Economy	Full Revision			
Day 138	Full Revision of Economy	Full Revision of Economy			
Day 139	Economy Full Length Test	Economy FLT	10	100	
Congratulations for keeping up and completing a major part of Syllabus Take a break you deserve it tomorrow is off					

PAREEKSHANAM 2023-24

INTEGRATED PRACTICE SERIES (IPS) PHASE 1

Progress	Subject/Topic	Micro Topics	Number of Mains Questions	Number of MCQs	Reference
Day 141	Features of Indian Society	Salient features of Indian Society, Diversity of India- Caste, Tribes, Stratification, and Unity in Diversity, Challenges before Indian Society: Communalism, Regionalism & Secularism. What is Society? Salient Features of Indian Society Caste and its dimensions in India Theme of nation building in India Unity in Diversity Challenges of Nation Building in India Regionalism			
	Challenges in Indian Society	Communalism Secularism Modernity and Social Change in Indian Society			
Day 142	Role of Women and Women Organization	Role of Women and Women Organization Gender Vis-a-Vis Sex Global Gender Gap Report 2021 Status of Women- Historical Perspective Issues concerning Women in India Gender Role Stereotyping Stereotypes in Employment Domestic Violence			
Day 143	Issues concerning Women in India	Dowry Physical Safety of Women- Crime against Women Some other contemporary issues concerning women: Live-in-Relationships Marital Rape Way forward towards women empowerment			
Day 144	Population and Associated Issues	Demography- Study of Population Counting the People The Demographic Transition Size and Growth of India's Population			

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		Migration Age Structure of India's Population			
	Population and Associated Issues	Declining Sex Ratio in India Impact of Growing Population Population Policy of India The Way Forward			
Day 145	Urbanization	What is Urbanization Urbanization before independence Urbanization in India Post- Independence Characteristics of Urbanization in India Issues Associated to Urbanization			
	Globalisation	Defining Globalisation Factors leading to Globalisation Dimensions of Globalisation Impact of Globalisation in India Repercussions of Globalisation			
Day 146	Weekly Revision	Revise Society			
Day 147	Weekly Sectional Test	Features of Indian Society Role Of women Population Urbanisation Globalisation	10		
Day 148	Government Policies and Interventions for Development in Various Sectors and Issues Arising Out of Their Design and Implementation	Public Policy Nature and Characteristics of Public Policy Evolution of Public Policy in India Issues Arising out of Design and Implementation of Government Policy in India How to tackle with the issues in policy implementation Leakage and Corruption in Government Policies Lack of quantifiable data- a hindrance in Policy Making			
Day 149	Development Processes and The Development Industry —The Role of NGOs, SHGs, Various Groups and Associations, Donors, Charities, Institutional and Other Stakeholders	Concept of Development Concept of Inclusive Development Measuring the Development Civil Society Social Capital NGO and Development Process Self Help Groups (SHGs) and their role in Development Process Cooperatives			

Day 150	Welfare Schemes for Vulnerable Sections	Vulnerable Sections of society in India Welfare Schemes for Women Schemes related to children Schemes for Scheduled Castes/OBCs Welfare Schemes for Scheduled Tribes Welfare Schemes for Elderly and Senior Citizens Welfare Schemes for Divyang Janas (Differently Abled Persons) Welfare Schemes for Minorities			
Day 151		Institution and Bodies for the protection of Women and Children Institution and Bodies for the protection of Scheduled Castes Institution and Bodies for the protection of Scheduled Tribes Institution and Bodies for the protection of Backward Classes Institution and Bodies for the protection of Minorities Legal Framework for the Protection of SC/ST/OBC/Minorities Institution and Bodies for the protection of differently abled			
Day 152	Mechanisms, Laws, Institutions and Bodies Constituted for the Protection and Betterment of these Vulnerable Sections	Institution and Bodies for the protection of Women and Children Institution and Bodies for the protection of Scheduled Castes Institution and Bodies for the protection of Scheduled Tribes Institution and Bodies for the protection of Backward Classes Institution and Bodies for the protection of Minorities Legal Framework for the Protection of SC/ST/OBC/Minorities Institution and Bodies for the protection of differently abled			
Day 153		Issues Relating to Development and Management of Social Sector/Services Relating to Health, Education, Human Resources Healthcare Infrastructure in India Education Sector and its management in India Development of Human Resources Issues related to Poverty Issues Related to Hunger			
Day 154	Weekly Revision	Revise Society			
Day 155	Weekly Sectional Test	Government Policies and Interventions for Development Development Processes and The Development Industry —The Role of NGOs, SHGs, Various Groups and Associations. Welfare Schemes for Vulnerable Sections	10		
Ethics Integrity and Aptitude					

<p>Day 156</p>	<p>Introduction to Ethics Values, Virtues and Attitude</p>	<p>What is Ethics Difference between Ethics, Morals and Laws Common Ethical Principles Determinants of Ethics Main Category of ethics in western philosophy Metaethics Normative Ethics Applied Ethics What are difficulties in taking ethical decisions What are virtues, why do they matter? Connection between Values, attitudes and behaviours Principles of Social Values Schwartz theory of basic human values Bleedover effect</p>			
<p>Day 157</p>	<p>Foundational Values for Civil Service, Attitude</p>	<p>Foundational Values for Civil Service, Integrity, Impartiality Non-partisanship, Objectivity, Dedication to Public Service, Empathy, Tolerance and Compassion towards the weaker-sections. o Virtue Approach in Ethics o Concept of Virtue-Sins-Crime o Public Services Virtues o Modern Virtues Attitude- Introduction ABC model of Attitudes Cognitive Dissonance Functions of attitude Essential Moral Attitudes of a public Servant or administrator Attitudes and its influence on Behaviour</p>			
<p>Day 158</p>	<p>Emotional Intelligence Contributions of Moral Thinkers and Philosophers from India and World: Western Philosophy</p>	<p>Emotional Intelligence Concept and utilities Emotion vis-à-vis culture Separation of action from emotion Early proponents of Emotional Intelligence Managing Emotion Goleman's Emotional Competencies</p>			

		<p>EI and Leadership 10 EI Skills that Successful people demonstrate Contributions of Moral Thinkers and Philosophers from India and World Western Philosophy Divine Command Socrates and Method of Enquiry Plato and theory of forms Aristotle and Virtue Ethics Epicurus and Pleasure theory St Augustine and Christian Ethics Thomas Aquinas and Natural Law Hobbes and Social Contract Kant and Deontological Ethics Weber and ethics of responsibility Rawls and theory of Justice</p>			
Day 159	Indian Thoughts and Ethical Philosophy (Eastern)	<p>Concept of Dharma (Vedic) Dhamma in Buddhism, Madhyamika Marga Jainism and its Philosophy Confucianism- Taoism Manu smriti -Arthashastra and their critique Mahatma Gandhi-Sarvodaya Aurobindo Tagore Tiruvallur Swami Vivekananda</p>			
Day 160	Applied Ethics	<p>Environmental Ethics Bioethics Gender Justice Economic Justice Ethics in Business Ethics of Nationalism and Patriotism</p>			
Day 161	Weekly Revision	Revise Society			
Day 162	Weekly Sectional Test	<p>Introduction to Ethics Values, Virtues and Attitude Foundational Values for Civil Service, Attitude Emotional Intelligence Contributions of Moral Thinkers and Philosophers from India and</p>	10		

		World: Western Philosophy Indian Thoughts and Ethical Philosophy (Eastern) Applied Ethics			
Day 163	Interplay of Ethics and Governance (2nd ARC) (Also Connect with GS II)	Probity in Governance: Concept of Public Service; Idea of good governance, its pillars, Challenges in good governance Philosophical Basis of Governance and Probity; Information Sharing and Transparency in Government, Right to Information, Citizen's Charters, Work Culture, Quality of Service Delivery, Utilization of Public Funds Challenges of Corruption Impact of corruption State of corruption in India Causes Legal-Institutional Framework to deal with corruption in India Need of Reform, Way Forward Codes of Ethics, Codes of Conduct, Corporate Governance			
Day 164	Ethics vs Law Interaction of Ethics and Legislature	Ethical Concerns and Dilemmas in Government and Private Institutions; Laws, Rules, Regulations and Conscience as Sources of Ethical Guidance;			
Day 165	Case Studies	Media Ethics vs Public Safety Privatisation of Public services vs Welfarism National Security and Honey Trapping Personal relations vs ethical values.			
Day 166	Case Studies	Development vs Rights Mob lynching Rule of Law vs Social Norms Corruption vs Call of Duty.			
Day 167	Case Studies	Private and public relations Duty vs Human Values. Experimental Drugs. Right to be forgotten, etc.			

Day 168	Full Length GS IV Revision	Revision Day			
Day 169	Full Length Ethics Test	Introduction to Ethics Values, Virtues and Attitude Foundational Values for Civil Service, Attitude Emotional Intelligence Contributions of Moral Thinkers and Philosophers from India and World: Western Philosophy Indian Thoughts and Ethical Philosophy (Eastern) Applied Ethics Interplay of Ethics and Governance (2nd ARC) (Also Connect with GS II) Ethics vs Law Interaction of Ethics and Legislature Case Studies	20		
International Relations					
Day 171	Evolution of India's Foreign Policy	Determinants and challenges of India's Foreign Policy Principles of India's Foreign Policy Idealism and Realism in Foreign Policy Some Major Foreign Policies of India Neighbourhood first policy Act east policy Link west policy Indian ocean outreach Soft Power and Hard Power diplomacy NAM and NAM 2.0 Defence and Nuclear Diplomacy Space diplomacy Para diplomacy-A New Way for Indian Foreign Policy? Middle Power Coalition Significance of PMO in foreign policy making India's Strategic Connect with the World Rise of Realpolitik in India's Foreign Policy in recent times			

Day 172	India and Its Neighbours.	India- Pakistan India-Myanmar India- Bangladesh India- Bhutan India- Sri Lanka India-Afghanistan India-China India- Nepal			
Day 173	India and World	India-ASEAN India and USA India and Russia India and England India and France Indo-Israel India and UAE			
Day 174	Regional Groupings and India	BRICS QUAD EU G4 MTCR NSG Indian Ocean Groupings Indo-Pacific			
Day 175	International Organisations	UNO, its origin, Relevance and Role in Peace Keeping UNSC and need for Reform Other Specialised Agencies of UNO Recent initiatives of UN and its agencies and their impact on India			
Day 176	Other International Organisations	WTO ASEAN G 20 GCC IMF World Bank			
Day 177	Weekly Revision	Revise IR			
Day 178	Sectional Weekly Test	Evolution of India's Foreign Policy India and Its Neighbours.	10	50	

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		India and World Regional Groupings and India International Organisations Other International Organisations			
Internal Security of India					
Day 179	Major challenges to internal security of India	Internal and External Security – Introduction Classification of Threats Social Diversity as Issues of Security Threat Challenges from within Neighbours as Issue of Security Threat Non-State Actors as Issue of Security Threat Global Indices and Measurement of Vulnerability of a State Towards such Non-State Actors Law and Order vs. Internal Security			
Day 180	Terrorism	Terrorism Threat Kinds of terrorism Terror Funding/Financing National and International efforts to combat terror financing Major Terror attacks on India Legal Mechanism to deal with terrorism Strategy to Counter Terrorism (8th Report of IInd Administrative Reforms Commission) VIIIth Organised Crime Kinds of Organised Crime Legal Mechanism To deal with Drug Trade Linkage of Organised Crime with Terrorism Linkages between Organized Crime Groups (OCGs) and Terror Groups (TGs) w.r.t India			
Day 181	Insurgency in the North East	The Naga Crisis Separate Statehood demands in Assam Bodoland Issue Inner Line Permit Issue Factors Responsible for Insurgency in North East Communal and caste violence Measures Taken to Strengthen the Internal Security Apparatus			
Day 182	Linkages between development and spread of extremism.	Linkages between development and spread of extremism Extremism Left Wing Extremism			

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

	Challenges to Internal Security through Communication Network	<p>Causes behind rise of Left-Wing Extremism</p> <p>Social Iniquity and Exploitation as major cause of LWE in India</p> <p>Important Schemes by the government</p> <p>2nd ARC Recommendation for Conflict Resolution and capacity building in LWE Areas</p> <p>Security Approach - Way Forward</p> <p>Role of external state and non-state actors in creating challenges to internal security</p> <p>Communication Networks</p> <p>Different Kinds of Communication Networks</p> <p>Role of media and social networking sites in internal security challenges</p> <p>social media</p> <p>Types of social media</p> <p>Fake News</p> <p>Challenges with Spread of Fake News</p>			
Day 183	Basics of Cyber Security Money-laundering and its prevention	<p>Cyberspace</p> <p>Components of Cyber Security</p> <p>Information Security</p> <p>Kinds of Cyber Crime</p> <p>Why is Cyber Security a big issue? - The need for Secure Cyberspace</p> <p>Legal Framework to Deal with Cyber Security in India</p> <p>Challenges in maintaining cyber security</p> <p>National Cyber Security Policy 2013: An Assessment</p> <p>Institutional Framework for Cyber Security</p> <p>Artificial Intelligence and National Security</p> <p>Critical information infrastructure protection through public-private partnership</p> <p>What is money laundering?</p> <p>Stages in Money Laundering</p> <p>Impact of Money Laundering</p> <p>Legal Mechanism to curb money laundering</p> <p>Institutional Mechanism to curb money laundering</p> <p>International Cooperation on prevention of Money Laundering</p> <p>Challenges in Prevention of Money Laundering</p>			
Day 184	Security challenges and their management in border areas	<p>Border Management</p> <p>Challenges to Border Management</p> <p>Cross-border security challenges that India continues to face</p>			

	<p>Various Security forces and agencies and their mandate</p> <p>Contemporary issues in internal security</p>	<p>specifically with Bangladesh, Bhutan, Burma, China, Maldives and Nepal</p> <p>Challenges to Coastal Security and Island Territories</p> <p>Challenges to Coastal Security and Island Territories</p> <p>Restructuring of Border Guarding Forces</p> <p>Assam Rifles</p> <p>Border Security Force (BSF)</p> <p>Central Industrial Security Force (CISF)</p> <p>Central Reserve Police Force (CRPF)</p> <p>Indo-Tibetan Border Police (ITBF)</p> <p>National Security Guard (NSG)</p> <p>Sashastra Seema Bal (SSB)</p> <p>Issues Concerning CAPFs</p> <p>Police Force of the States</p> <p>Issues with the Police Force in India</p> <p>Intelligence Apparatus of India</p> <p>Issues with the Police Force in India</p> <p>Investigation Agencies in India</p> <p>Other Organisations</p> <p>UAPA and Recent Amendment</p> <p>Cyber Volunteer Programme</p> <p>Nano sniffers</p> <p>Iron dome</p> <p>Synthetic Biology and Security Concerns</p> <p>Police Modernization and Reforms</p> <p>Police Reforms: A long pending Cause</p> <p>Women Safety in India</p> <p>Governance and Internal Security</p>			
Day 185	Weekly Revision	Revise Internal Security			
Day 186	Weekly Sectional Test	<p><u>International Relations</u></p> <p><u>Evolution of India's Foreign Policy</u></p> <p><u>India and Its Neighbours.</u></p> <p><u>India and World</u></p> <p><u>Regional Groupings and India</u></p> <p><u>International Organisations</u></p> <p><u>Other International Organisations</u></p> <p><u>Major challenges to internal security of India</u></p> <p><u>Terrorism</u></p> <p><u>Insurgency in the North East</u></p>	10	100	

		<p><u>Linkages between development and spread of extremism.</u> <u>Challenges to Internal Security, through Communication Network</u> <u>Basics of Cyber Security</u> <u>Money-laundering and its prevention</u> <u>Security challenges and their management in border areas</u> <u>Various Security forces and agencies and their mandate</u> <u>Contemporary issues in internal security</u></p>			
<p>Environment, Ecology, Biodiversity</p>					
Day 187	Basics of Environment and Ecology	<p>Introduction to environment and ecology Basic concepts related to environment, ecology and biodiversity Components of environment Ecosystem Definitions Properties of Ecosystem Components of Ecosystem Abiotic Factors Biotic Factors Ecosystem Dynamics TYPES OF ECOSYSTEMS Terrestrial Ecosystem Aquatic Ecosystem Changes in Ecosystem Ecosystem Conservation Ecology vs. Economy</p>			
Day 188	Basics of Biodiversity	<p>Definition of Biodiversity and its importance Challenges to Biodiversity Invasive species Effects of Loss of Bio-Diversity Extinction of Species Types - Natural, Mass, Anthropogenic Causes of Extinction Consequences of Extinction of Species BIODIVERSITY CONSERVATION Conservation Strategies, Tools and Techniques (In-situ, Ex-situ- their advantages and disadvantages) IUCN Red List Ecologically Sensitive Area (ESAs)</p>			

Day 189	Factors affecting climate change	<p>What is climate change and how it's affecting the nature</p> <p>Role of anthropogenic activities in climate change</p> <p>Industries vs Climate Change</p> <p>Development vs Climate Change</p> <p>Overcoming Climate Change</p> <p>Role of International and National Organisation</p> <p>Important conventions, summits, conferences</p>			
Day 190	Environmental Pollution	<p>Land Pollution</p> <p>Causes and Impact of Land Degradation</p> <p>Desertification</p> <p>Sustainable Land Management</p> <p>Soil Erosion</p> <p>Problems due to Excessive Irrigation</p> <p>Soil Conservation</p>			
Day 191	Environmental Pollution	<p>Air Pollution</p> <p>Causes of Air Pollution</p> <p>Harmful Effects of Common Air Pollutants</p> <p>Particular Air Pollutant- Particulate Matter</p> <p>Lead, Fly Ash, Nano Particles, CFC, Sulphur Oxides, Nitrous Oxides, Carbon Oxides, etc.</p> <p>Control of Air Pollution</p> <p>Acts, Bodies, Schemes and other initiatives</p> <p>Marine Pollution</p> <p>Causes and Effects of Marine Pollution</p> <p>Role of Plastics</p> <p>Tourism and pollution of marine ecosystem</p> <p>Impact of pollution on marine biodiversity</p> <p>Oil Spills</p> <p>Coastal Regulation Zone Notification, 2011</p>			
Day 192	Environmental Pollution	<p>Water Pollution</p> <p>Causes and impact of water pollution</p> <p>Scarcity of fresh waters in India and world</p> <p>Efforts to reduce water pollution</p> <p>Cleansing of rivers</p> <p>Pollution of underground water</p> <p>Other Pollution</p> <p>Effects of Noise Pollution on Human Health</p> <p>Harmful Effects from Biological Contaminants</p> <p>Harmful Effects of Radioactive Pollution</p>			

		Nuclear Accidents Effects of Mining and Pollution associated with it			
Day 193	Environment Impact Assessment	Environment Impact Assessment Evolution & History of EIA Objectives of Environmental Impact Assessment and its process Environmental Impact Assessment In India Stakeholders in the EIA Process Salient Features of 2006 Amendments to EIA Notification Shortcomings of EIA Process Impact of Agriculture on Environment Sustainable Agriculture Hi-tech Farming Methods Rain Water Harvesting Green Buildings and their Rating System in India Eco-tourism - Advantages & Disadvantages of Eco-tourism Impact of Industries on Environment			
Day 194	Weekly Revision	Revise IR and Internal Security			
Day 195	Monthly Test IR and Internal Security	Major challenges to internal security of India Terrorism Insurgency in the North East Linkages between development and spread of extremism. Challenges to Internal Security. through Communication Network Basics of Cyber Security Money-laundering and its prevention Security challenges and their management in border areas Various Security forces and agencies and their mandate Contemporary issues in internal security	10	100	
Day 196	Waste Management	Solid Waste Management Salient features of SWM Rules, 2016 e-waste Management Pollutants and their Health Impacts Importance of the E-Waste Management E-waste (Management & Handling) Rules, 2016 Municipal Waste Management Biomedical Waste Hazards Associated with Waste Management Bio-Medical Waste Management Rules, 2016			

		<p>Hazardous Wast Hazardous Waste Treatment Hazardous and Other Wastes (Management & Transboundary Movement) Rules, 2016</p>			
Day 197	Wildlife Associated Issues	<p>Man-Animal Conflicts in India Poaching activities in India Development leads to tiger extinction Elephant, Tiger and other threatened species Conservation International treaties for wildlife conservation Use of drones for wildlife conservation Extinction of bird species and their causes Eco-Bridges and Biodiversity Management Sunderbans at risk due to Climate Change Critical Wildlife Habitats Declining Population of Pollinators International treaties for Wildlife Conservation Wildlife Protection Act</p>			
Day 198	Renewable Energy	<p>Biogas, Bioenergy Policies National Solar Mission, International Solar Alliance Status of Hydro Power energy in India Alternative fuels in India Draft Energy Policy National Energy Storage Mission Indian Renewable Energy Development Agency National Wind-solar Hybrid Policy Photo-voltaic industry and CPSU scheme, EV policy framework in India</p>			
Day 199	All Laws and Authorities related to conservation on Environment, Ecology and Biodiversity	<p>Provisions of the constitution Environment Protection Act Biodiversity Act National Forest Policy Forest Rights Act 2006 Waste Management Rules Wetland Conservation Act NGT Act and its roles & responsibilities CAMPA National Organisations and Authorities Animal Welfare Board Central Zoo Authority</p>			

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
 Email: admissions@jvias.com
 Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
 Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		Central Pollution Control Board Wildlife Crime Control Bureau Wildlife Trust of India National River Basin Authority International Organisations and Authorities UNEP CITES ICUN Global Tiger Forum TRAFFIC BASEL Convention Rotterdam Stockholm UNCCD Vienna Convention Kigali Agreement Minamata Convention RAMSAR Aichi Biodiversity Targets IPCC			
Day 200	Revision for Environment	Weekly Revision.			
Day 201	Environment Full Test	Basics of Environment and Ecology Basics of Biodiversity Factors affecting climate change Environmental Pollution Environment Impact Assessment Waste Management Wildlife Associated Issues All Laws and Authorities elated to conservation on Environment, Ecology and Biodiversity	10	100	

PAREEKSHANAM 2023-24
INTEGRATED PRACTICE SERIES (IPS) PHASE 2

Progress	Subject/Topic	Micro Topics	Number of Mains Questions	Number of MCQs	Duration of Test and Sources to Study
In phase II we will cover the whole syllabus topic wise as mentioned by UPSC. This will give the student a real life check about their preparation. We will also be attempting a full length test as per General Studies papers as classified by UPSC. For deeper insights about the micro topics to be covered students can obtain the Micro Listings from the office.					
Day 209		Self Study Revise Polity with Current Affairs			
Day 210		Self Study Revise Polity with Current Affairs.			
Day 211	Polity and Governance	Historical Underpinning and Making of Indian Constitution Features of Indian Constitution and Preamble India's Territory and Citizenship Fundamental Rights DPSP and Duties System of Government Union Executive State Executive Current Affairs January 2022	10	100	
Day 212		Self Study Revise Polity with Current affairs			
Day 213		Self Study Revise Polity with Current Affairs			
Day 214	Polity and Governance	Union Legislature State Legislatures Judiciary Centre State Relationship Political Dynamics Salient features of the Representation of People's Act. Local Self Government Basics of Governance E- Governance and Way Forward Development Role of Civil Services in Democracy Statutory, regulatory and various quasi-judicial bodies. Current Affairs February 2022	10	100	

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to
 Metro Pillar No. 110, New Delhi - 110005
 Email: admissions@jvias.com
 Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa
 Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-
 43671989
 Branch Office 2: 57/12, First Floor, Old Rajinder Nagar,
 New Delhi – 110060, Contact: 8882932364, 011-41421650

Day 215					
Day 216	Self Study Revise Polity Current Affairs				
Day 217	Polity and Governance	<p>Transparency in Governance Accountability in Governance Other Dimensions of Governance Citizen Oriented Governance and Effective Delivery of Public Services Comparison of the Indian constitutional scheme with that of other countries.</p> <p>Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.</p> <p>Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources.</p> <p>Issues relating to poverty and hunger.</p> <p>Current Affairs March 2022</p>	10	100	
Day 218	Self Study Revise International Relations with current affairs				
Day 219	Self Study Revise International Relations with Current Affairs				
Day 220	International Relation	<p>India and its neighborhood- relations.</p> <p>Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests.</p> <p>Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora.</p> <p>Important International institutions, agencies and fora- their structure, mandate.</p> <p>Current Affairs April 2022</p>	10	50	
Day 221	Self Study Revise GSII with current affairs Jan to April 2022				
Day 222	Self Study Revise GSII with Current Affairs Jan to April 2022				
Day 223	Full Test of GS II	<p>Polity and Governance</p> <p>International Relation</p> <p>Current Affairs March and April 2022</p>	20	100	
Day 224	Self Study Revise Art and Culture Current Affairs May 2022				

Day 225	Self Study Revise Ancient and Medieval Indian History. Current Affairs May 2022			
Day 226	Art and Culture Ancient India Medieval India	Indian Architecture Indian Paintings Indian Music Indian Theatre and Puppetry Theatre Forms of India Indian Dance Forms Impact of Bhakti and Sufi Traditions on Art and Culture of India Religion/philosophy of Ancient India UNESCO Cultural Heritage GI Tags, etc. Stone Age and Indus Valley Civilization Vedic Age (1500-600 BCE) Mahajanapadas / Age of Buddha (600-300 BCE) Mauryan Empire Megaliths and Sangam Age Guptan Age Pallavas & Chalukyas in South Delhi Sultanate and Islamic Kingdoms in India Vijayanagara Empire Bhakti and Other Cultural & Religious Movements Mughal and Sur rule and the Arrival of Europeans. Current affairs May 2022	10	100
Day 227	Self Study Revise Geography NCERTs Current Affairs June 2022			
Day 228	Self Study Revise Geography GC Leong. Current Affairs June 2022			
Day 229	Physical Geography world and India	Salient features of world's physical geography: Climatology: Earth's Atmosphere, Solar Radiation, Insolation, Circulation System, Local and Seasonal Winds, Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location Changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes Physical Geography of India: Physiographic Divisions of India Relief Features, Mountains, Plains, Islands, Deserts etc. Natural Vegetations in India: Forests Water, River Systems, Ocean's arounds India, Lakes,	10	100

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to
Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa
Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-
43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar,
New Delhi – 110060, Contact: 8882932364, 011-41421650

		Estuaries, Glaciers, etc. Rocks, Rocks system in India, their location and distribution. Soils in India, their location and distribution			
Day 230	Self Study Revise Geography NCERTs Current Affairs July 2022				
Day 231	Self Study Revise Geography GC Leong. Current Affairs July 2022				
Day 232	World Geography: Economic and Human Geography. Indian Geography: Economic and Human Geography	Distribution of key natural resources across the world (including South Asia and the Indian subcontinent); Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India) Human Geography, Demographics Trends and Transitions	10	100	
Day 233	Self Study Revise World History NCERTs Current Affairs August 2022				
Day 234	Self Study Revise Norman Ioe. Current Affairs August 2022				
Day 235	World History and Post Independence History of India	Post-independence consolidation and reorganization within the country History of the world will include events from 18th century such as Industrial revolution, World wars, Redrawing of national boundaries, Colonization, decolonization, Political philosophies like communism, capitalism, socialism etc. Their forms and effect on the society.	10		
Day 236	Self Study Revise Society class notes and JV's Learning Kit . Current Affairs September 2022				
Day 237	Indian Society	Salient features of Indian Society, Diversity of India. Role of women and women's organization, population and associated issues, poverty and developmental issues Urbanization, their problems and their remedies.	10		

		Effects of globalization on Indian society. Social empowerment, communalism, regionalism & secularism			
Day 238	Self Study Revise GSI Full Paper	Geography of World and india History of World and India Society Current Affairs of May to September 2022			
Day 239	Self Study Revise GSI Full Paper	Geography of World and india History of World and India Society Current Affairs of May to September 2022			
Day 240	Full Test of GS I	Geography of World and india History of World and India Society	20	100	
Day 241		Self Study Revise Economy.			
Day 242		Self Study Revise Economy.			
Day 243		Current Affairs October 2022			
Day 244	Indian Economy. Economic Development Current affairs October 2022	Indian Economy and issues relating to planning, Mobilization, of resources, growth, development and employment. Government Budgeting. Major crops-cropping patterns, Irrigation systems Storage, transport and marketing of agricultural produce. Issues and related constraints. e-technology in the aid of farmers Issues related to farm subsidies and minimum support prices. Public Distribution System- objectives, functioning, limitations, revamping. Issues of buffer stocks and food security; Government policies for gender balance. Technology missions; economics of animal-rearing. Food processing and related industries in India. Scope' and significance, location, upstream and downstream requirements Supply chain management. Land reforms in India. Effects of liberalization on the economy. Changes in industrial policy and their effects on industrial growth.	10	100	

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to
Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa
Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-
43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar,
New Delhi – 110060, Contact: 8882932364, 011-41421650

		Infrastructure: Energy, Ports, Roads, Airports, Railways etc. Investment models. Current Affairs October 2022			
Day 245		Revise Internal Security Current affairs November 2022			
Day 246	Internal Security of India	Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security Various Security forces and agencies and their mandate. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention. Security challenges and their management in border areas - linkages of organized crime with terrorism.	10	50	
Day 247		Self Study Revise Environment.			
Day 248		Current Affairs December 2022			
Day 249	Environment and Disaster Management	Conservation, environmental pollution and degradation, environmental impact assessment. Disaster and disaster management. Current Affairs December 2023	10	100	
Day 250		Self Study Revise Science and Technology.			
Day 251	Science & Technology	Science and Technology- developments and their applications and effects in everyday life. Achievements of Indians in science & technology; indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights.	10	100	
Day 252	Revise	Economy Internal Security. Environment. Science and technology. Current Affairs October, November, December 2022			
Day 253	Full Test of GS III	FLT GS III	20	100	

Day 254	Self Study Revise Ethics Current Affairs January to April 2022				
Day 255	Self Study Revise Ethics Current Affairs January to April 2022				
Day 256	GS IV Ethics	<p>Ethics and Human Interface: Essence, determinants and consequences of Ethics in-human actions; dimensions of ethics; ethics - in private and public relationships.</p> <p>Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion.</p> <p>Aptitude and foundational values for Civil Service, integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections.</p> <p>Emotional intelligence-concepts, and their utilities and application in administration and governance.</p> <p>Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.</p> <p>Probity in Governance: Concept of public service; Philosophical basis of governance and probity;</p> <p>Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption</p>	15		
Day 257	Self Study Revise Ethics Current Affairs October to December 2022				
Day 258	Self Study Revise Ethics Current Affairs October to December 2022				
Day 260	Ethics and Human interface	<p>Human Values - lessons from the lives and teachings of great leaders, reformers and administrators; role of family society and educational institutions in inculcating values.</p> <p>Contributions of moral thinkers and philosophers from India and</p>	15		

		world			
		Case Studies on above issues			
Day 261		Self Study Revise Ethics Current Affairs October to December 2022			
Day 262		Self Study Revise Ethics Current Affairs October to December 2022			
Day 263	Full Test of GS IV	FLT GS IV	20		

PAREEKSHANAM 2023-24

INTEGRATED PRACTICE SERIES (IPS) PHASE 3

Progress	Subject/Topic	Micro Topics	Number of MCQs	Duration of Test
Phase III is Prelims Focused and We have 85 Days to go now we are starting 4th Revision of the syllabus				
Day 257	Self Study Revision	<u>Ancient and Medieval</u> Stone Age Indus Valley Civilization Early Vedic Age (1500-900 BCE) Later Vedic Age (900 -600 BCE) Mahajanapadas / Age of Buddha (600-300 BCE) Mauryan Empire Post Mauryan Age Megaliths and Sangam Age Guptan Age Post Guptas Pallavas & Chalukyas in South North Indian Kingdoms Kingdoms of the Deccan Delhi Sultanate Islamic Kingdoms in India Vijayanagara Empire Bhakti and Other Cultural & Religious Movements Mughal and Sur rule and the Arrival of European		
Day 258	Self Study Revision	<u>Art and Culture</u> Indian Architecture Post Mauryan Architecture Gupta Architecture and Post Gupta Architecture in Medieval India (Indo Islamic Architecture) Sun Temples in India Indian Paintings Pala school of miniature paintings Indian Music Important Terms related to music Indian Dance Forms Meanings of Terms and Expression in Dance forms Lasya, Tandava. Indian Theatre and Puppetry Theatre Forms of India		

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
 Email: admissions@jvias.com
 Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
 Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

		Significance of Traditional folk theatre in India Different forms of traditional folk theatre in India Sanskrit theatre in India Challenges faced by theatre in India Impact of Bhakti and Sufi Traditions on Art and Culture of India		
Day 259	Self Study Revision	Current Affairs of January 2023		
Day 260	Self Study Revision	1707 to 1857 Decline of Mughal Empire Social and Economic Condition of people during 18th Century Advent of Europeans Consolidation and Expansion of British Empire Conquest of Bengal Early Indian Responses Revolt of 1857: First war for Indian Independence The Nationalist Movement (1858-1905) Transfer of power to British Government		
Day 261	Self Study Revision	Partition of Bengal and Partition of Congress First Phase of Revolutionary Activities First World War and Nationalist Response Montague Statement Rowlatt Act, and Dethroning of Khalifa Non-Cooperation and Khilafat Movement (Struggle Phase) Emergence of Swarajist, Socialist Idea (Truce Period of Congress) Simon Commission and Nehru Report Goal of Poorna Swaraj (Struggle Again) Gandhi Irwin Pact and Round Table Conferences Gandhi Irwin Pact and Round Table Conferences Communal Award and Failure of RTC Relaunch of CDM- fades soon Harijan Issues: Gandhi Vs Ambedkar; Poona Pact		
Day 262	Self Study Revision	Government of India Act: Paperless Federation and Princely States Debates on Future Strategy after Civil Disobedience Congress Rule in Provinces World War II and Thereafter Bose in Command of INC Ideological Difference with Gandhiji and he parts way CWC meeting at Wardha Do or Die- Quit India Movement Government tries to pacify		

		Wavell Plan: a mistake Rajagopalachari Formula INA and Bose Thematic Study of British India		
Day 263	Full Length Test of History	Ancient Medieval Modern Current Affair of January 2023	100	
Day 264	Self Study Revision Polity and Governance	Making of Indian Constitution Comparative Study of Indian Constitution with other democratic Constitutions, Sources of Indian Constitution. Salient Features of Indian Constitution Preamble of Indian Constitution. India's Union and Its territory. Citizenship Act and Amendments therein OCI/PIO and NRIs Kinds of rights: Legal, constitutional, fundamental, human Doctrine of eclipse and doctrine of severability Right to Equality Right to Freedom Contemporary issues related to fundamental rights		
Day 265	Self Study Revision Polity and Governance	Structure and Organization of Indian Parliament Procedure followed in parliament during conduct of its business Structure and functions state legislature Structure, Organization and Functioning of Judiciary Alternate dispute resolution mechanism, tribunals, Lok Adalat Permanent Lok Adalat, Gram Nyayalayas. High Courts, their powers and functions Subordinate Courts		
Day 266	Self Study Revision Polity and Governance	Distribution of Powers between center and State Sarkaria Commission's on Centre State Relation, Other Commissions on Centre State Relation, National Integration Council Special Provisions for some States Alternation in Centre State Relationship: Emergencies Elections in India, Representation of Peoples act Development processes and the development industry, Role of non-state actors in governance.		

		Transparency in Governance and RTI Institutional Mechanism to Deal with Corruption		
Day 267	Self Study Revision Current Affairs	Current Affairs of February 2023		
Day 268	Full Length test for Polity	POLITY FLT and Current affairs Feb 2023	100	
Day 269	Revision Geography	Earth's Atmosphere, Solar Radiation, Insolation, Wind system, Local and Seasonal Winds, Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location Endogenic and exogenic changes in critical geographical features (including water- bodies and ice-caps) and in flora and fauna and the effects of such changes.		
Day 270	Revision Geography	Physiographic Divisions of India. Natural Vegetations in India Rocks Soils in India Mapping of borders, National reserves, Rivers, mountains and glaciers. Relief Features, Boundaries, Location of Important Places, Ocean Currents. Distribution of Mineral in India and World Energy, Petroleum Resources and others across India and world		
Day 271	Current Affairs January to April 2022	Current Affairs 3rd Revision		
Day 272	Full length Test of Geography	Full Length Test Geography and Current affairs January to April 2022	100	
Day 273	Self Study Revision Economy	Macroeconomic Concepts National Income Accounting and Measures Inflation GDP Deflator Millennium Development Goals (MDGs) 12th Five Year Plan and Sustainability Harrod Domar strategy Nehru Mahalanobis strategy Gandhian strategy Visvesvaraya Plan, Gandhian Plan FICCI Proposal, Congress Plan Bombay Plan Planning Commission and NDC		

Day 274	Self Study Revision Economy	Decentralized Planning NITI Aayog Economic Reforms Growth vs Development Employment and Inclusive Growth in India Money, Banking, Capital Market, and Insurance system in India New Monetary Aggregates Monetary Policy Distinguish between capital market and money market Nature and functions of a stock exchange Insurance Industry - Insurance Industry and Reforms Role of Financial Regulators:SEBI and IRDA		
Day 275	Self Study Revision Economy	Banking Structure Banking Reforms DFI Insurance Budget		
Day 276	Self Study Revision Economy	Fiscal policy Taxation Agriculture Agrisubsidies Livestock Food Industry		
Day 277	Revision Current Affairs May to August 2022	Current Affairs		
Day 278	Full Length Test of Economy	Economy FLT and Current Affairs May to Aug 2022	100	
Day 279	Self Study Revision Environment	Basics of Environment and Ecology Basics of Biodiversity Factors affecting climate change		
Day 280	Self Study Revision Environment	Environmental Pollution Environment Impact Assessment Waste Management Wildlife Associated Issues All Laws and Authorities elated to conservation on Environment, Ecology and Biodiversity UNEP, CITES, ICUN, Global Tiger Forum, TRAFFIC, BASEL Convention, Rotterdam, Stockholm, etc.		

		UNCCD, Vienna Convention, Kigali Agreement, Minamata Convention, RAMSAR, Aichi Biodiversity Targets, IPCC.		
Day 281	Revise Current Affairs September to December 2022	Current Affairs		
Day 282	Environment Full Length Test	Environment FLT and Current Affairs September to December	100	
Day 283	Self Study Revision Science and Technology	Space technology Communication and Information Technology Defense Technology Superconductivity, Laser, Artificial intelligence, Robotics, Nanotechnology Intellectual property rights (IPR) and Related rights Astronomy and Particle physics Biotechnology Different types of disease and its recent issues, health, and family welfare and various immunization program. Nobel prize Miscellaneous topics (current affairs related)		
Day 284	Self Study Revision Science and Technology	National Digital Communications Policy Net Neutrality Internet Of Things Big Data Initiative Supercomputer and its Applications Li-Fi Technology and its Application Use of it in Financial Inclusion Credit/Debit Card Crimes Bharat net Project Wanna Cry Malware Concept of Cyber-Physical Systems Using Electronic Signature Service: Significance & Applications Digital India: Achievements Adoption of Blockchain Technology to Stop Bank Frauds Artificial Intelligence and Society Two Authentication Procedure Facial Authentication Working Issue of Internet Governance Quantum computing National supercomputing mission Data Protection-B N Srikrishna committee Data Localisation and Related Issues National Digital Literacy Mission and Digital NE vision National Mission on Interdisciplinary Cyber-Physical Systems (NM-ICPS)		

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to
Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa
Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-
43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar,
New Delhi – 110060, Contact: 8882932364, 011-41421650

		Bullet Train Technology and Food Security BOOSTING Horticulture through Remote Sensing Hyperloop Transportation Technology Cloud Seeding Experiment In Maharashtra Nano-Technology Medicines Hydrogen Bomb Ear Tagging In Cattle e-Cigarette Kudankulam Nuclear Power Plant Geo-Tagging The Assets In Mgnrega Robot Tax and its Implications India & World Collaboration in Science Projects Mother-to-Child Transmission of HIV		
Day 285	Self Study Revision Current Affairs	Full year January 2022 to 1st March 2023		
Day 286	Science and technology Full Length Test	FLT Science and Technology and Current affairs full year	100	
Day 287	Revise History Geography and Polity	Ancient Medieval Modern History Art and Culture		
Day 288	Revise History Geography and Polity	Geography of the world and Indian Geography with Maps and Locations		
Day 289	Revise History Geography and Polity	Polity and Governance with Constitution and latest political developments		
Day 290	Revise Current Affairs January 2022 to June 2022			
Day 291	Full Length Test of Geography history and Polity	Block 1 FLT	100	
Day 292	Revise Economy Science and Technology Environment	Indian economy and economic developments		

Day 293	Revise Economy Science and Technology Environment	Science and Technology basics and advanced		
Day 294	Revise Economy Science and Technology Environment	Environment and ecology basics and advanced		
Day 295	Revise current affairs July to December 2022	Current Affairs		
Day 296	Full Length test Economy Science and Technology and Environment	FLT with 6 Months Current Affairs	100	
Day 297	Revise Full GS	History Geography Polity Governance		
Day 298	Revise Full GS	History Geography Polity Governance		
Day 299	Revise Full GS	Science & Tech Environment Economy		
Day 300	Revise Full GS	Science & Tech Environment Economy		
Day 301	Revise Current Affairs	Current Affairs January 2022 to March 2023.		
Day 302	Revise Current Affairs	Current Affairs January 2022 to March 2023.		
Day 303	Full Length Test Paper I	History Geography Polity Governance Economy Science & Tech Environment Current Affairs January 2022 to March 2023.	100	

Head Office: 5-B, Pusa Road, Karol Bagh Opposite to Metro Pillar No. 110, New Delhi - 110005
Email: admissions@jvias.com
Contact No.: 8882932364, 011-41421650

Branch Office 1: 4B, 111, First Floor, Grover Chamber, Pusa Road, Karol Bagh – 110005, Contact No.: 8882932364, 011-43671989
Branch Office 2: 57/12, First Floor, Old Rajinder Nagar, New Delhi – 110060, Contact: 8882932364, 011-41421650

Day 304	Revise CSAT	Reading Comprehension. Interpersonal and Communication Skills.		
Day 305	Revise CSAT	Logical and Analytical Reasoning. Decision Making.		
Day 306	Revise CSAT	Basic numeracy. General Mental Ability.		
Day 307	Full Length Test Paper II	Reading Comprehension. Interpersonal and Communication Skills. Logical and Analytical Reasoning. Decision Making. Basic numeracy. General Mental Ability.	80	
Day 308	Revise Full GS	History Geography Polity		
Day 309	Revise Full GS	Governance Economy Science & Tech Environment		
Day 310	Revise Full GS	Current Affairs January 2022 to March 2023.		
Day 311	Revise CSAT	Reading Comprehension. Interpersonal and Communication Skills. Logical and Analytical Reasoning. Decision Making.		
Day 312	Revise CSAT	Basic numeracy. General Mental Ability.		
Day 313	Time 9:30 AM - 11:30 AM	Full Length Test Paper I	100	
	Time: 2:30 PM - 4:30 PM	Full Length Test Paper II	80	
Day 314	Revise Full GS	History Geography Polity Governance		
Day 315		Economy Science & Tech		

Day 316		Environment Current Affairs January 2022 to March 2023.		
Day 317	Revise CSAT	Reading Comprehension. Interpersonal and Communication Skills. Logical and Analytical Reasoning. Decision Making.		
Day 318		Basic numeracy. General Mental Ability.		
Day 319	Time 9:30 AM - 11:30 AM	Full Length Test Paper I	100	
	Time: 2:30 PM - 4:30 PM	Full Length Test Paper II	80	
Day 314	Revise Full GS	History Geography Polity Governance Economy Science & Tech		
Day 315		Environment Current Affairs January 2022 to March 2023.		
Day 316	Revise CSAT	Reading Comprehension. Interpersonal and Communication Skills. Logical and Analytical Reasoning. Decision Making.		
Day 317		Basic numeracy. General Mental Ability.		
Day 318	Time 9:30 AM - 11:30 AM	Full Length Test Paper I	100	
	Time: 2:30 PM - 4:30 PM	Full Length Test Paper II	80	

Day 319	Revise Full GS	History Geography Polity Governance Economy Science & Tech Environment		
Day 320		Current Affairs January 2022 to March 2023.		
	Revise CSAT	Reading Comprehension. Interpersonal and Communication Skills. Logical and Analytical Reasoning. Decision Making. Basic numeracy. General Mental Ability.		
Day 321				
Day 322	Time 9:30 AM - 11:30 AM	Full Length Test Paper I	100	
	Time: 2:30 PM - 4:30 PM	Full Length Test Paper II	80	

PAREEKSHANAM 2023-24

INTEGRATED PRACTICE SERIES (IPS) PHASE 4

Progress towards Mains	Subject/Topic	Micro Topics	Number of Mains questions	Sources to Refer
Prelims Break from May 14 to 31st May 2023				
Ist June to 31st August a rigorous 90 days plan will be followed for Mains Success.				
Day 1	History and Culture	Indian Culture – Salient aspects of Art Forms, Literature and Architecture from ancient to modern times. Modern Indian History from about the middle of the eighteenth century until the present- Significant events, personalities, issues. The Freedom Struggle — Various stages and important contributors/contributions from different parts of the country.		
Day 2				
Day 3	History and Culture	Post-independence Consolidation and Reorganization within the country. History of the World will include events from 18th century such as Industrial Revolution, world wars, Redrawing of National Boundaries, Colonization, Decolonization, political philosophies like Communism, Capitalism, Socialism etc.— their forms and effect on the society.		
Day 4				
Day 5	Revision day	Revision day		
Day 6	Sectional Test	World History, Art and Culture, Indian History, and Post Independence	10	
Day 7	Society	Salient features of Indian Society, Diversity of India. Role of Women and Women’s Organization, Population and Associated Issues, Poverty and Developmental issues, Urbanization, their problems and their remedies. Effects of Globalization on Indian society. Social Empowerment, Communalism, Regionalism & Secularism.		
Day 8				

Day 9	Geography	Salient features of World's Physical Geography. Distribution of Key Natural Resources across the world (including South Asia and the Indian sub-continent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India). Important Geophysical Phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.		
Day 10				
Day 11				
Day 12	Revision day	Revision day		
Day 13	Sectional test	Society and Geography of World and India	10	
Day 14	Constitution and Polity	Indian Constitution—Historical Underpinnings, Evolution, Features, Amendments, Significant Provisions and Basic Structure. Functions and Responsibilities of the Union and the States, Issues and Challenges Pertaining to the Federal Structure, Devolution of Powers and Finances up to Local Levels and Challenges Therein. Separation of Powers between various organs Dispute Redressal Mechanisms and Institutions. Comparison of the Indian Constitutional Scheme with that of Other Countries.		
Day 15				
Day 16	Constitution and Polity	Parliament and State Legislatures —Structure, Functioning, Conduct of Business, Powers & Privileges and Issues Arising out of these. Structure, Organization and Functioning of the Executive and the Judiciary—Ministries and Departments of the Government; Pressure Groups and Formal/Informal Associations and their Role in the Polity. Salient Features of the Representation of People's Act . Appointment to various Constitutional Posts , Powers, Functions and Responsibilities of various Constitutional Bodies. Statutory, Regulatory and various Quasi-judicial Bodies .		
Day 17				
Day 18	Revision day	Revision day		
Day 19	Sectional Test	Polity and Governance	10	

Day 20	Governance	Government Policies and Interventions for Development in various sectors and Issues arising out of their Design and Implementation. Development Processes and the Development Industry — the Role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.		
Day 21		Important Aspects of Governance, Transparency and Accountability, E-governance-applications, models, successes, limitations, and potential; Citizens Charters, Transparency & Accountability and institutional and other measures. Role of Civil Services in a Democracy.		
Day 22	Social Justice	Welfare Schemes for Vulnerable Sections of the population by the Centre and States and the Performance of these Schemes; Mechanisms, Laws, Institutions and Bodies constituted for the Protection and Betterment of these Vulnerable Sections. Issues Relating to Development and Management of Social Sector/Services relating to Health, Education, Human Resources.		
Day 23		Issues relating to Poverty and Hunger.		
Day 24	International Relations	India and its Neighborhood- Relations. Bilateral, Regional and Global Groupings and Agreements involving India and/or affecting India's interests. Effect of Policies and Politics of Developed and Developing Countries on India's interests, Indian Diaspora. Important International Institutions , agencies and fora - their Structure, Mandate.		
Day 25				
Day 26	Revision day	Revision day		
Day 27	Revision day	Revision day		
Day 28	Sectional Test	IR Governance and Social Justice	10	
Day 29	INDIAN ECONOMY	Indian Economy and issues relating to Planning, Mobilization of Resources, Growth, Development and Employment. Inclusive Growth and issues arising from it. Government Budgeting.		
Day 30		Major Crops - Cropping Patterns in various parts of the country, - Different Types of Irrigation and Irrigation Systems; Storage, Transport and Marketing of Agricultural Produce and Issues and Related Constraints; E-technology in the aid of farmers. Issues related to Direct and Indirect Farm Subsidies and Minimum Support Prices;		

Day 31		Public Distribution System - Objectives, Functioning, Limitations, Revamping; Issues of Buffer Stocks and Food Security; Technology Missions; Economics of Animal-Rearing.		
Day 32		Food Processing and Related Industries in India- Scope' and Significance, Location, Upstream and Downstream Requirements, Supply Chain Management.Land Reforms in India. Effects of Liberalization on the Economy, Changes in Industrial Policy and their Effects on Industrial Growth. Infrastructure: Energy, Ports, Roads, Airports, Railways etc. Investment Models.		
Day 33	Revision day	Revision day		
Day 34	Revision day	Revision day		
Day 35	Sectional Test	Indian Economy	10	
Day 36	Science and Technology	Science and Technology- Developments and their Applications and Effects in Everyday Life. Achievements of Indians in Science & Technology; Indigenization of Technology and Developing New Technology.		
Day 37	Science and Technology	Awareness in the fields of IT, Space, Computers, Robotics, Nano-technology, Bio-technology and issues relating to Intellectual Property Rights.		
Day 38	Science and Technology			
Day 39	Environment	Conservation, Environmental Pollution and Degradation, Environmental Impact Assessment. Disaster and Disaster Management.		
Day 40	Environment			
Day 41	Disaster Management			
Day 42	Internal Security	Linkages between Development and Spread of Extremism. Role of External State and Non-state Actors in creating challenges to Internal Security. Challenges to Internal Security through Communication Networks, Role of Media and Social Networking Sites in Internal Security Challenges, Basics of Cyber Security; Money-Laundering and its prevention.		
Day 43	Internal Security	Security Challenges and their Management in Border Areas - Linkages of Organized Crime with Terrorism. Various Security Forces and Agencies and their Mandate.		

Day 44	Revision day	Revision day		
Day 45	Revision day	Revision day		
Day 46	Sectional Test	Science and Tech, Environment, Internal Security.	10	
Day 47	Ethics	Ethics and Human Interface: Essence, Determinants and Consequences of Ethics in - Human Actions; Dimensions of Ethics; Ethics - in Private and Public Relationships. Human Values - Lessons from the Lives and Teachings of Great Leaders, Reformers and Administrators; Role of Family Society and Educational Institutions in Inculcating Values. Attitude: Content, Structure, Function; its Influence and Relation with Thought and Behaviour; Moral and Political Attitudes; Social Influence and Persuasion. Aptitude and Foundational Values for Civil Service, Integrity, Impartiality and Non-partisanship, Objectivity, Dedication to Public Service, Empathy, Tolerance and Compassion towards the weaker-sections. Emotional Intelligence-Concepts, and their Utilities and Application in Administration and Governance. Contributions of Moral Thinkers and Philosophers from India and World.		
Day 48	Ethics			
Day 49	Ethics			
Day 50	Ethics			
Day 51	Ethics			
Day 52	Ethics			
	Revision day		Revision day	
Day 53	Sectional Test	Ethics, Moral thinkers, etc	10	
Day 54	Ethics	Public/Civil Service Values and Ethics in Public Administration: Status and Problems; Ethical Concerns and Dilemmas in Government and Private Institutions; Laws, Rules, Regulations and Conscience as Sources of Ethical Guidance; Accountability and Ethical Governance; Strengthening of Ethical and Moral Values in Governance; Ethical Issues in International Relations and Funding; Corporate Governance.		
Day 55	Ethics			
Day 56	Ethics			

Day 57	Ethics	<p>Probity in Governance: Concept of Public Service; Philosophical Basis of Governance and Probity; Information Sharing and Transparency in Government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work Culture, Quality of Service Delivery, Utilization of Public Funds, Challenges of Corruption. Case Studies on above issues.</p> <p>Euthanasia Issue Surrogacy Ethics & Sports Media Ethics Refugees & Ethics</p>		
Day 58	Ethics	<p>Environmental Ethics Ethical Issues in Biotechnology Animal Ethics Food Adulteration and Ethics Abortion: Ethical or Unethical Honour Killing Marital Rape Ethical Issue Involved in Child Ethical Issue Involved in Treating Juvenile as Adult Ethics in Public and Private Relationships Examples and Case Studies.</p>		
Day 59	Revision day	Revision day		
Day 60	Revision day	Revision day		
Day 61	Sectional Test	Ethics, Ethical Dilemmas and Case Studies	10	
Day 62	GS 1 Revision days	History		
Day 63	GS 1 Revision days	History		
Day 64	GS 1 Revision days	Geography		
Day 65	GS 1 Revision days	Geography		
Day 66	GS 1 Revision days	Society		
Day 67	GS1 FLT	Full Length Test GS1	20	
Day 68	GS II Revision Days	Polity and governance		
Day 69	GS II Revision Days	Polity and Governance		

Day 70	GS II Revision Days	International Relations		
Day 71	GS II Revision Days	Social Justice and Current Affairs		
Day 72	GS II Revision Days	Social Justice and Current Affairs		
Day 73	GS II FLT	Full Length Test GS II	20	
Day 74	GS III Revision Days	Economy		
Day 75	GS III Revision Days	Economy		
Day 76	GS III Revision Days	Science and tech		
Day 77	GS III Revision Days	Environment and Disaster management		
Day 78	GS III Revision Days	Internal Security and Current Affairs		
Day 79	GS III FLT	Full Length Test GS III	20	
Day 80	GS IV Revision Days	Ethics Values and Attitude		
Day 81	GS IV Revision Days	Emotional Intelligence Probity in Governance		
Day 82	GS IV Revision Days	Civil Services, Public Interface and Thinkers		
Day 83	GS IV Revision Days	Case Studies:		
Day 84	GS IV Revision Days	Case Studies:		
Day 85	GS IV FLT	Full Length Test GS IV		